



Cadet Monthly Routine Orders

Issued By

THE COMMANDING OFFICER

354 RCSCC INVINCIBLE



RO#: - One

Date: 01 Sep 2026

We acknowledge with gratitude and respect that we meet on the traditional and unceded territory of the Katzie (q'ic'ay) First Nation and the Kwantlen (q'wa:h'ə'ən) First Nation.

We also acknowledge that their historical relationship to the land and territories continue to this day.

PART I – ADMINISTRATION

1. Duty Personnel

Duty / Dress	09 Sep C5 / N3	16 Sep C5 / N5	23 Sep C5 / N5	30 Sep STAND DOWN
Officer	Lt(N) Stewart	Lt(N) Stewart	Lt(N) Stewart	N/A
Petty Officer	PO1 McKechnie	PO1 Sherman	PO1 Zegunis	N/A
Division	Albion	Albion	Albion	N/A

2. Mandatory Parades & Training

Dates	Times	Details & Location
09 Sep	1820-2130	In Routine / On Boarding New Cadets Legion on 224 th St (Downstairs)
	1830-2000	New Cadets (& Parents) Only
	2000-2115	Returning Cadets (& Parents)
16 Sep	1820-2115	Regular Parade Night Legion on 224 th St (Downstairs)
23 Sep	1820-2115	Regular Parade Night Legion on 224 th St (Downstairs)
25-27 Sep	1900-1500	Leadership Training Weekend Annacis Island Training Centre (Phase 3 and above only)

3. Optional Parades, Training & Practices

Dates	Times	Details & Location
28 Sep	1830-2030	Band Practice – Port Moody with 201 RCSCC – Pitt River Middle School

4. Meetings

Dates	Times	Details & Location
02 Sep	1900-2100	Operations Meeting – Officers, Chiefs & Petty Officers – Legion & MS Teams
29 Sep	1900-2100	Operations Meeting – Officer, Chiefs & Petty Officers – MS Teams

5. Advanced Warning Info

Dates	Times	Details & Location
3 & 4 Oct	0700-1700	Sail Training Weekend (Selected Cadets Only) – Cultus Lake Sail Centre
31 Oct	As assigned	Poppy Tagging Campaign (Min. 1 shift per cadet)
01 Nov	As assigned	Poppy Tagging Campaign (Min. 1 shift per cadet)

PART II – PERSONNEL

1. **Officers and Instructors**

Lt (N) R. Juliusson

Lt (N) D. Bailey

PO2 Ryan Bull

CV Chloe Shin

CV Daniil Maschenko

Lt (N) V. Stewart

SLt S. Blanchard

CV P. Blanchard

CV Talaya Higo

CV Bella Ong (currently on leave)

All Officers and CV's are to contact the Duty Officer in advance if they are unable to attend a Scheduled Training Event or Parade Night.

2. **Chief's and Petty Officer's**

If you are scheduled to teach a lesson, and you are unable to attend that parade night, you must make arrangements for a replacement instructor and inform the Training Officer in advance of the parade night in question. Any extra training/events senior cadets wish to schedule must be brought forward prior to the publishing of the Routine Orders.

3. **Leave Requests**

All cadets are reminded to request leave beforehand should you not be able to attend any cadet activity, as all cadets are required to attend parades regularly (Parade Nights, Mandatory Parades, & Training Weekends). If you cannot attend, you must request leave in advance (if possible) through the REQUEST LEAVE FORM on Teams or send a message on Teams, otherwise you will be considered AWOL (Absent Without Leave). If you are arriving late for a parade night, please report to Ship's Office immediately. [Leave Request Form](#)

If you are requesting extended leave (anything over 3 weeks long) ensure that requests are submitted through your Divisional Officer.

4. **Question of The Month – What is a “head” and how many are on board a ship?**

Win Cock of The Walk points for your division by being the first to send the correct answer to Lt (N) Stewart on TEAMS.

5. **Cadet of The Week Award Winners:**

Each week, cadets are evaluated on their drill, dress, and deportment. Each divisional Petty Officer selects the top cadet in their division to compete for the Cadet of the Week Award. All nominated cadets are inspected by the Duty Officer, who then selects the winner.

PART III – NOTICES

1. **Divisional Structure**

Albion (Guard) – PO2 Bull / DPO - PO2 Stewart

Illustrious (Band) – CV Higo / DPO - TBD

Thunder – CV Blanchard / DPO - PO2 Liu/ 2IC MC Subash Chandran & MC Sherman

Warrior – Lt (N) Bailey / DPO - PO2 Panganamamula / 2IC MC Filatenko

2. **Cadets Duty**

Cadets NOT able to fulfil their duties as noted above due to absence, the Cadet Slated for the following week will assume the duties for the Absent cadet and the Absent Cadet will in turn complete the duties the following week. OOD is responsible for ensuring this is adhered to.

3. New Uniform Issue / Uniform Exchange

All cadets are to ensure that if they require ANY uniform Exchanges, they are to complete the Uniform Request Form and submit them through the Proper Chain of Command. Those request forms will be forwarded to the Supply Officer and Uniform exchange & issue times will then be arranged.

4. Orders of Dress View Link to see all orders of [Dress](#)

C1 - Full dress uniform, medals, tunic, White Shirt & Tie, white top.

C2 - Same as C1 with ribbons in place of medals

C3 - White Shirt, Tie, White Top, (can be ordered With or Without Tunic)

C3A - Shirt, (no Tie) White Top, with Tunic

C3B - Shirt, (no Tie) White Top, without Tunic

3C3 – Black T-Shirt (no Logos) White Top (can be ordered With or Without Tunic)

C5 - Sea cadet Training Uniform (STU), blue shirt, black t-shirt, black ball cap, boots

C5A – Black T-Shirt INVINCIBLE Crested , Ball Bap

PT Gear is sports clothing, black t-shirt, shorts, and running shoes as required.

5. Damage to Property

It is the duty and responsibility for all personnel to report all damage to the Officer of the Day as soon as possible, so it may be attended to and corrected. We are aware that accidents may happen, but this MUST be reported, as any further non reported damage may cause us to lose use of the Legion property.

6. Cell Phones

Cadets will not be permitted to have cellular phones on their person while on parade / in classes or on cadet training activities. If you MUST have a cellular phone with you while at a Cadet Training Activity or Parade, it must be TURNED OFF during training. Cadets will only be permitted to use their phones during stand-easy and down time for calls and texting.

7. Drop off / Pick up Times

Parents are asked to drop off and pick up their Cadets on time before and after regular cadet evenings as well as other cadet activities. If you are unable to be there on time, please let us know as soon as possible by emailing 354Sea@cadets.gc.ca.

Wednesdays - Drop off no earlier than 1810 / Pick up no later than 2125 (6:10 PM - 9:25 PM)

8. Cadet On-Site Attendance Requirement

To ensure the safety, accountability, and effective supervision of all cadets, it is essential that cadets remain on site for the full duration of all scheduled activities while under Cadets and Junior Canadian Rangers (CJCR) supervision.

Early Departure Procedure

If a cadet must leave an activity prior to the scheduled dismissal time, one of the following is required:

1. Email Notification: A parent or guardian must send an email to the corps/squadron administration granting permission for their cadet to depart early.

2. In-Person Pickup: A parent or guardian must report to the administration office, or the designated pickup area if the activity is taking place away from the local headquarters, to sign out and collect their

cadet.

Cadets will not be released early without one of these approved methods.

9. TIMINGS

1815	Officer of the Day Onboard, Open Legion Basement
1825	Cadets to Set up Parade Area, RPO
1835	Cadets to Muster for Colours and attendance, Coxswain/DPO
1845	Colours / Inspection / March Past
1900 – 1930	Period 1 Classes
1930	Period 1 Classes secure
1930 – 2000	Period 2 Classes
2000 – 2015	Stand Easy
2015 – 2045	Period 3 Classes
2045	Secure
2050	Evening Quarters
2055	Muster for Sunset
2100	Duty Watch and Liberty Boats to Muster
2105	Liberty Boats (Permission from OOD must be given for dismissal) OOD Rounds (with Duty PO)
2110	

10. Contact Information

354Sea@cadets.gc.ca is the general email address for any GENERAL questions and Training Information. This email is monitored by all officers, as if it is for a single officer, make sure you state who it is for in the beginning of the email.

If you have personal information that needs to be passed along, it should be sent directly to that person / Department.

Officers Personal E-Mail contacts

CO – Juliusson RJ Lt(N)	Ronald.Juliusson@cadets.gc.ca
TrgO – Bailey DJ Lt(N)	Derek.Bailey@cadets.gc.ca
A/TrgO – Blanchard, S SLt	Serene.Blanchard@cadets.gc.ca
AdmO – Stewart V Lt(N)	Vanessa.Stewart@cadets.gc.ca
A/AdmO – Higo T Vol	Talaya.Higo@vb.cadets.gc.ca
Blanchard P Vol	Phil.Blanchard@vb.cadets.gc.ca
Inst – Bull R PO2	Ryan.Bull@Cadets.gc.ca
Inst – Daniil Maschenko	Daniil.Mashchenko@vb.cadets.gc.ca
Inst – Ong B Vol (on Long Term leave)	Bella.Ong@vb.cadets.gc.ca
Inst – Shin C Vol (on Long Term leave)	Chloe.Shin@vb.cadets.gc.ca

- Ensure to use the proper chain of Command when trying to obtain information.
 - Divisional Petty Officer, to Senior Petty Officer, Divisional Officer

11. Corps Internet Access

Cadets and Guests are able to access the guest internet access as needed for access to the cadet SharePoint. Cadets are not able to gain access to any other network.

Wifi Network – Sea Cadet – Guest

Wifi Password – SeaCadet

12. Annual Ceremonial Award Descriptions

To promote awareness and transparency throughout the training year, descriptions of the awards presented at the Annual Ceremonial Review (ACR) are provided for all cadets. Cadets and parents are encouraged to familiarize themselves with the awards, as the selection of recipients is based on the qualities, leadership, conduct, commitment, and overall performance demonstrated during the training year. The descriptions of the awards typically presented at the ACR can be found in the accompanying document available at the link below. Cadets are encouraged to review these criteria and strive to exemplify the highest standards of citizenship, leadership, teamwork, and participation in all corps activities. The awards that are typically presented have been described in the document that can be accessed [here](#).

A handwritten signature in black ink, appearing to read 'R. J. Juliusson', followed by the text 'Lt (N)'.

R. J. Juliusson Lt(N) CD
Commanding Officer
354 RCSCC INVINCIBLE

DISTRIBUTION LIST

INTERNAL – Via Email

CO, XO, Trg O
Admin O, Divisional Officers
Chief's & PO's
Notice Board (1)
Quarter Deck (1)

EXTERNAL – Via Email

Navy League of Canada MR Branch President
Royal Canadian Legion Br 88 Liaison Officer
Cadets / Parents

Invincible Website: www.354Invincible.com