

**PO 207**

1. **Performance:** Serve in a Sea Cadet Corps
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Any conditions.
3. **Standard:** In accordance with specified references, the cadet will participate in a discussion on serving in a Royal Canadian Sea Cadet Corps, to include:
  - a. identifying training opportunities available in Phase Two;
  - b. recognizing historical aspects of the Royal Canadian Sea Cadets;
  - c. recognizing the role and responsibilities of the local sponsor; and
  - d. identifying year two summer training opportunities.
4. **Remarks:**
  - a. EO M207.01 (Identify Phase Two Training Opportunities) shall be conducted at the beginning of the training year.
  - b. EO M207.04 (Recognize Phase Two CSTC Training Opportunities) shall be conducted prior to CSTC application deadlines.
5. **Complementary Material:**
  - a. Complementary material associated with PO 207 is designed to enhance the cadet's knowledge of serving in a Sea Cadet corps:
    - (1) EO C207.01 (Identify the Rank Structure of the Royal Canadian Army and Air Cadets);
    - (2) EO C207.02 (Visit a Local Cadet Corps or Air Squadron);
    - (3) EO C207.03 (Recognize the History of the Affiliated Unit); and
    - (4) EO C207.04 (Participate in a Tour of the Affiliated Unit).
  - b. Some complementary training offered in Phase One may be conducted as complementary training in Phase Two, specifically, EO C107.03 (Participate in an Activity about the History of the Corps).
  - c. Complementary material associated with PO 207 is limited to a total of eight periods, which may be conducted during sessions or on a supported day. Corps are not required to use all eight periods.

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**EO M207.01**

1. **Performance:** Identify Phase Two Training Opportunities
2. **Conditions:**
  - a. Given:
    - (1) Handout of Performance Objectives (POs) and Enabling Objectives (EOs) of Phase Two training opportunities;
    - (2) Supervision; and
    - (3) Assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.
3. **Standard:** In accordance with specified references, the cadet shall identify Phase Two training opportunities, to include:
  - a. mandatory; and
  - b. complementary.
4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Identify Phase Two mandatory training, to include: <ol style="list-style-type: none"> <li>a. training common to the sea, Army, and air elements of the CCO, to include:               <ol style="list-style-type: none"> <li>(1) citizenship;</li> <li>(2) community service;</li> <li>(3) leadership;</li> <li>(4) personal fitness and healthy living;</li> <li>(5) recreational sports;</li> <li>(6) air rifle marksmanship;</li> <li>(7) general cadet knowledge; and</li> <li>(8) drill.</li> </ol> </li> <li>b. sea elemental training, to include:               <ol style="list-style-type: none"> <li>(1) Canadian Navy and maritime community;</li> <li>(2) ropework;</li> <li>(3) small craft operations;</li> <li>(4) ships operations; and</li> <li>(5) sailing.</li> </ol> </li> </ol>	In-Class Activity	15 min	A0-010

TP	Description	Method	Time	Refs
TP2	Identify Phase Two complementary training opportunities.	Interactive Lecture	5 min	See Remarks para. 11.
TP3	Conduct an activity on Phase Two training opportunities.	In-Class Activity	5 min	

5. **Time:**

- |    |                            |        |
|----|----------------------------|--------|
| a. | Introduction / Conclusion: | 5 min  |
| b. | In-Class Activity:         | 20 min |
| c. | Interactive Lecture:       | 5 min  |
| d. | Total:                     | 30 min |

6. **Substantiation:**

- An in-class activity was chosen for TP1 and TP3 as it is an interactive way to provoke thought and to stimulate interest among cadets.
- An interactive lecture was chosen for TP2 to introduce Phase Two training to the cadets and to generate interest in the topics.

7. **References:**

- A0-010 CATO 11-03 D Cdts 2. (2006). *Cadet Program Mandate*. Ottawa, ON: Department of National Defence.
- A0-045 Cadets Canada. (2007). *About Cadets—History*. Retrieved 19 February 2007, from [http://www.cadets.ca/about-nous/histo\\_e.asp](http://www.cadets.ca/about-nous/histo_e.asp).
- C0-013 Canadian Heritage. *Ceremonial and Canadian Symbol Promotion*. (2007). Retrieved 4 May 2007, from [http://www.canadianheritage.gc.ca/progs/cpsc-ccsp/sc-cs/index\\_e.cfm](http://www.canadianheritage.gc.ca/progs/cpsc-ccsp/sc-cs/index_e.cfm).
- C0-081 Citizenship and Immigration Canada. (ND). *Rights and Responsibilities of Canadian Citizenship*. Retrieved 4 April 2007, from, <http://cic.gc.ca/English/citizen/rights-fs.html>.

8. **Training Aids:**

- Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area;
- Handout of the EOs and POs for Phase Two training located at A-CR-CCP-602/PF-001, Chapter 7, Annex A;
- Tape; and
- Posters located at A-CR-CCP-602/PF-001, Chapter 7, Annex C and D.

9. **Learning Aids:**

- Handout of POs and EOs for Phase Two training opportunities located at A-CR-CCP-602/PF-001, Chapter 7, Annex A;
- In-class activity located at A-CR-CCP-602/PF-001, Chapter 7, Annex B; and
- Posters located at A-CR-CCP-602/PF-001, Chapter 7, Annex C and D.

10. **Test Details:** N/A.
11. **Remarks:** For Phase Two complementary training opportunities in TP2, refer to the corps' annual training plan.

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**EO M207.02**

1. **Performance:** Recognize Historical Aspects of the Royal Canadian Sea Cadets (RCSC)
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.
3. **Standard:** In accordance with specified references, the cadet shall recognize historical aspects of the RCSC, to include:
  - a. significant dates in the Sea Cadet Program; and
  - b. the Navy League of Canada (NLC).
4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Introduce significant events in the Sea Cadet Program, to include: <ol style="list-style-type: none"> <li>a. the formation of drill associations;</li> <li>b. the formation of the NLC;</li> <li>c. the officer cadre;</li> <li>d. the impact of WW I;</li> <li>e. the impact of WW II;</li> <li>f. the addition of the title "Royal";</li> <li>g. the unification of the Canadian Forces; and</li> <li>h. the inclusion of females in the Cadet Program.</li> </ol>	Interactive Lecture	10 min	A0-045 C1-058
TP2	Introduce significant dates in the Navy League of Canada, to include: <ol style="list-style-type: none"> <li>a. the formation and early days;</li> <li>b. the impact of WW I;</li> <li>c. the impact of WW II; and</li> <li>d. the formation of Navy League Cadets Corps.</li> </ol>	Interactive Lecture	10 min	C1-058
TP3	Conduct an activity on the historical aspects of the RCSC.	In-Class Activity	5 min	

5. **Time:**

- |                               |        |
|-------------------------------|--------|
| a. Introduction / Conclusion: | 5 min  |
| b. Interactive Lecture:       | 20 min |
| c. In-Class Activity:         | 5 min  |
| d. Total:                     | 30 min |

6. **Substantiation:**

- a. An interactive lecture was chosen for TP1 and TP2 to introduce the cadets to historical aspects of the RCSC.
- b. An in-class activity was chosen for TP3 as it is an interactive way to provoke thought and stimulate interest among cadets.

7. **References:**

- a. A0-045 Cadets Canada. (2007). *About Cadets–History*. Retrieved 19 February 2007, from [http://www.cadets.ca/about-nous/histo\\_e.asp](http://www.cadets.ca/about-nous/histo_e.asp).
- b. C1-097 Navy League of Canada. (2007). *About Us–History*. Retrieved 13 March 2007, from <http://www.navyleague.ca/eng/about/history.asp>.
- c. C1-097 Navy League of Canada. (2007). *About Us–Critical Dates*. Retrieved 13 March 2007, from [http://www.navyleague.ca/eng/about/critical\\_dates.asp](http://www.navyleague.ca/eng/about/critical_dates.asp).

8. **Training Aids:**

- a. Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area; and
- b. Handout located at A-CR-CCP-602/PF-001, Chapter 7, Annex F.

9. **Learning Aids:** Crossword puzzle handout located at A-CR-CCP-602/PF-001, Chapter 7, Annex E.

10. **Test Details:** N/A.

11. **Remarks:** N/A.

**EO M207.03**

1. **Performance:** Recognize the Role and Responsibilities of the Local Sponsor
2. **Conditions:**
  - a. Given:
    - (1) Supervision; and
    - (2) Assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.
3. **Standard:** In accordance with specified references, the cadet shall recognize the role and responsibilities of the local sponsor.
4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Define sponsor and sponsoring committee/branch.	Interactive Lecture	5 min	A0-040 (p. 6/40)
TP2	Describe the local sponsoring body, to include: <ol style="list-style-type: none"> <li>a. local branch of the Navy League of Canada (NLC) is the primary sponsor;</li> <li>b. the positions; and</li> <li>c. corps may have a secondary sponsor, such as:               <ol style="list-style-type: none"> <li>(1) parents committees;</li> <li>(2) Royal Canadian Legions;</li> <li>(3) Lions Clubs; and</li> <li>(4) Rotary Clubs, etc.</li> </ol> </li> </ol>	Interactive Lecture	10 min	C1-068 C1-069
TP3	Explain the role and responsibilities of the sponsoring committee/branch to include: <ol style="list-style-type: none"> <li>a. fundraising;</li> <li>b. recruiting cadets;</li> <li>c. attracting officers to the corps;</li> <li>d. screening volunteers;</li> <li>e. providing adequate office and training facilities;</li> <li>f. participating in senior cadet rank appointments;</li> <li>g. participating in selections for CSTC/Exchange; and</li> </ol>	Interactive Lecture	10 min	C1-058

TP	Description	Method	Time	Refs
	h. participating in selections for honours and awards.			

5. **Time:**

- |    |                            |        |
|----|----------------------------|--------|
| a. | Introduction / Conclusion: | 5 min  |
| b. | Interactive Lecture:       | 25 min |
| c. | Total:                     | 30 min |

6. **Substantiation:** An interactive lecture was chosen for this lesson to orient the cadets to the role and responsibilities of the local sponsor and to present basic material about the corps local sponsor.7. **References:**

- a. A0-040 2005-113124 D Cdts. (2005). *Memorandum of Understanding Between the DND and the Leagues*. Ottawa, ON: Department of National Defence.
- b. C1-068 Navy League of Canada. (2002). *Guide for Local Branches: Part One*. Ottawa, ON: Navy League of Canada.
- c. C1-069 Navy League of Canada. (2002). *Guide for Local Branches: Part Two*. Ottawa, ON: Navy League of Canada.

8. **Training Aids:** Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area.9. **Learning Aids:** N/A.10. **Test Details:** N/A.11. **Remarks:** This EO can be delivered by a member of the local NLC branch. The guest speaker shall be briefed on the TPs prior to the lesson.

**EO M207.04**

1. **Performance:** Identify Year Two CSTC Training Opportunities
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.
3. **Standard:** In accordance with specified references, the cadet shall identify year two CSTC training opportunities, to include:
  - a. areas of interest;
  - b. courses within each area of interest; and
  - c. prerequisites for the courses within each area of interest.
4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Discuss the specialty areas for year two CSTC training, to include: <ol style="list-style-type: none"> <li>a. leadership;</li> <li>b. marksmanship;</li> <li>c. drill and ceremonial;</li> <li>d. fitness and sports;</li> <li>e. music;</li> <li>f. sail; and</li> <li>g. seamanship.</li> </ol>	Group Discussion	10 min	A0-010 A1-019
TP2	Describe year two CSTC courses, to include: <ol style="list-style-type: none"> <li>a. common courses:               <ol style="list-style-type: none"> <li>(1) basic fitness and sports; and</li> <li>(2) military band – basic musician;</li> </ol> </li> <li>b. elemental courses:               <ol style="list-style-type: none"> <li>(1) basic leadership;</li> <li>(2) basic sail; and</li> <li>(3) basic seamanship; and</li> </ol> </li> <li>c. prerequisites for each three-week course.</li> </ol>	Interactive Lecture	10 min	A0-010 A0-033 A1-019

5. **Time:**

- |                               |        |
|-------------------------------|--------|
| a. Introduction / Conclusion: | 5 min  |
| b. Group Discussion:          | 10 min |
| c. Interactive Lecture:       | 15 min |
| d. Total:                     | 30 min |

6. **Substantiation:**

- a. A group discussion was chosen for TP1 as it allows the cadets to interact with their peers and share their experiences, opinions, and feelings about year two CSTC training opportunities.
- b. An interactive lecture was chosen for TP2 to orient the cadets to year two CSTC training opportunities and generate interest.

7. **References:** A1-019 CATO 31-03 D Cdts 2. (2006). *Sea Cadet Program Outline*. Ottawa, ON: Department of National Defence.

8. **Training Aids:** Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area.

9. **Learning Aids:** N/A.

10. **Test Details:** N/A.

11. **Remarks:**

- a. This EO should be conducted prior to the summer training application deadline directed by the applicable cadet detachment/region.
- b. It is strongly recommended that the summer training application forms (CF 51) be completed during a training session after this EO has been conducted.
- c. Corps may choose to devote two additional complementary training periods to expand this to a session that includes a parent information seminar, etc.

**EO C207.01**

1. **Performance:** Identify the Rank Structure of the Royal Canadian Army and Air Cadets
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.
3. **Standard:** In accordance with specified references, the cadet shall identify the rank structure of:
  - a. the Royal Canadian Army Cadets; and
  - b. the Royal Canadian Air Cadets.
4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Identify the Army and Air Cadet rank structure, to include: <ol style="list-style-type: none"> <li>a. Private (Pte);</li> <li>b. Corporal (Cpl);</li> <li>c. Master Corporal (MCpl);</li> <li>d. Sergeant (Sgt);</li> <li>e. Warrant Officer (WO);</li> <li>f. Master Warrant Officer (MWO);</li> <li>g. Chief Warrant Officer (CWO);</li> <li>h. Air Cadet (AC);</li> <li>i. Leading Air Cadet (LAC);</li> <li>j. Corporal (Cpl);</li> <li>k. Flight Corporal (FCpl);</li> <li>l. Sergeant (Sgt);</li> <li>m. Flight Sergeant (FSgt);</li> <li>n. Warrant Officer Second Class (WO2); and</li> <li>o. Warrant Officer First Class (WO1).</li> </ol>	Interactive Lecture	10 min	A3-004 (pp. 1 to 9) A2-030 (pp. 1/5 to 5/5, A-1/1, and B-1/2)
TP2	Conduct an activity to familiarize cadets with the Army and Air Cadet rank structure.	In-Class Activity	15 min	

5. **Time:**

- |    |                            |        |
|----|----------------------------|--------|
| a. | Introduction / Conclusion: | 5 min  |
| b. | Interactive Lecture:       | 10 min |
| c. | In-Class Activity:         | 15 min |
| d. | Total:                     | 30 min |

6. **Substantiation:**

- a. An interactive lecture was chosen for TP1 to orient the cadets to the Army and Air Cadet rank structure, to generate interest, and to present basic material.
- b. An In-class activity was chosen for TP2 as it is as interactive way to provoke thought and to stimulate interest among cadets.

7. **References:**

- a. A2-030 CATO 40-03 D Cdts 4. (2005). *Army Cadet Ranks and Cadet Corps*. Ottawa, ON: Department of National Defence.
- b. A3-004 CATO 51-02 D Cdts 4. (2007). *Air Promotions*. Ottawa, ON: Department of National Defence.

8. **Training Aids:**

- a. Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area; and
- b. Handouts located at A-CR-CCP-602/PF-001, Chapter 7, Annex H to J.

9. **Learning Aids:** Handout located at A-CR-CCP-602/PF-001, Chapter 7, Annex G.

10. **Test Details:** N/A.

11. **Remarks:** N/A.

**EO C207.02**

1. **Performance:** Visit a Local Cadet Corps or Squadron
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: The corps Commanding Officer will determine the conditions suitable for this training.
3. **Standard:** The cadet shall visit a cadet corps or squadron to become familiar with the intra- and inter-elemental differences in cadet training.
4. **Teaching Points:** Conduct a tour of a corps/squadron and facilities, highlighting the following:
  - a. identify the number of staff and cadets; and
  - b. describe the following:
    - (1) elemental mandatory training;
    - (2) the corps/squadron complementary training choices;
    - (3) history and traditions of:
      - (a) the element;
      - (b) the corps/squadron; and
      - (c) the affiliated unit; and
    - (4) some trips or exchanges in which the corps/squadron has participated.
5. **Time:**

a. Introduction / Conclusion:	10 min
b. Field Trip:	80 min
c. Total:	90 min
6. **Substantiation:** A field trip was chosen for this lesson as it will reinforce the cadet's knowledge of material previously taught in EO C207.01 (Identify the Rank Structure of the Royal Canadian Air and Army Cadets) and introduce the cadet to the training conducted by other elements, through participation in an activity conducted in a real-life setting.
7. **References:** N/A.
8. **Training Aids:** N/A.
9. **Learning Aids:** N/A.
10. **Test Details:** N/A.

11. **Remarks:**

- a. It is recommended that EO C207.01 (Identify the Rank Structure of the Royal Canadian Air and Army Cadets) be conducted prior to this visit.
- b. A visit to a local Navy League Cadet Corps could also be conducted for this EO.
- c. This field trip may be conducted on a supported day or during a complementary session.
- d. There is no instructional guide for the lesson.

**EO C207.03**

1. **Performance:** Describe the Affiliated Unit
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.
3. **Standard:** The cadet shall describe the affiliated unit.
4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Describe the affiliated unit, to include: <ol style="list-style-type: none"> <li>a. size;</li> <li>b. location;</li> <li>c. role within the CF;</li> <li>d. formation date;</li> <li>e. the building(s) it occupies;</li> <li>f. unit traditions;</li> <li>g. previous and future deployments;</li> <li>h. special awards/medals awarded to members;</li> <li>i. role in relation to the corps; and</li> <li>j. other interesting facts.</li> </ol>	Interactive Lecture	15 min	
TP2	Conduct an activity on the affiliated unit.	In-Class Activity	10 min	

5. **Time:**
  - a. Introduction / Conclusion: 5 min
  - b. Interactive Lecture: 15 min
  - c. In-Class Activity: 10 min
  - d. Total: 30 min

6. **Substantiation:**
  - a. An interactive lecture was chosen for TP1 to orient the cadets to the history of the affiliated unit and to generate interest.

- b. An in-class activity was chosen fro TP2 as it is an interactive way to provoke though and stimulate interest in the history of the affiliated unit among cadets.
- 7. **References:** N/A.
- 8. **Training Aids:** Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area.
- 9. **Learning Aids:** N/A.
- 10. **Test Details:** N/A.
- 11. **Remarks:**
  - a. The instructor for this lesson may be a member of the corps or the affiliated unit.
  - b. If the affiliated unit has access to promotional materials, these may be used as references and/or training/learning aids.
  - c. Topics found in TP1 may differ for each affiliated unit. The instructor should determine interesting facts of the affiliated unit prior to the lesson.
  - d. The posters created during this lesson may be used in display at the annual ceremonial review.

**EO C207.04**

1. **Performance:** Participate in a Tour of the Affiliated Unit
2. **Conditions:**
  - a. Given:
    - (1) supervision; and
    - (2) assistance as required.
  - b. Denied: N/A.
  - c. Environmental: The corps Commanding Officer will determine conditions suitable for this training.
3. **Standard:** The cadet shall tour the affiliated unit to become familiar with the Canadian Forces' (CF) relationship to the Cadet Program.
4. **Teaching Points:** Conduct a tour of the affiliated unit and facilities, highlighting the following:
  - a. the size of the affiliated unit;
  - b. the role the affiliated unit plays within the CF;
  - c. the formation date of the affiliated unit;
  - d. the building(s) occupied by the affiliated unit;
  - e. any deployments in which the affiliated unit has participated;
  - f. any previous awards/medals awarded to members of the affiliated unit;
  - g. role within the corps; and
  - h. any other interesting facts.
5. **Time:**

a. Introduction / Conclusion:	10 min
b. Field Trip:	80 min
c. Total:	90 min
6. **Substantiation:** A field trip was chosen for this lesson as it will reinforce the cadets' knowledge of the affiliated unit, while informing the cadets of the role of the affiliated unit within the corps/squadron.
7. **References:** N/A.
8. **Training Aids:** Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area.
9. **Learning Aids:** N/A.
10. **Test Details:** N/A.
11. **Remarks:**
  - a. If an instructor from the corps will conduct the tour, all teaching points shall be researched in advance.

- b. This field trip may be conducted on a supported day or during a complementary session.
- c. If the affiliated unit has access to promotional materials, these may be used as references/training/learning aids.
- d. There is no instructional guide for this EO.