

## Suggested Kit List for

### Operation Salty Sailor, May 11<sup>th</sup> & 12<sup>th</sup> 2013

All Cadets will meet at Safeway on 203<sup>rd</sup> & Lougheed (Load Dock Area) for 0655 as we will depart at 0700 **each day**.

Eat breakfast before you go, lunch will be provided for all cadets, both days.

You may check the this link (<http://www.jsca.bc.ca/>) for weather conditions prior to going each day, so you do dress appropriately,

Because cadets **WILL** get wet the following Kit List is the MINIMUM required kit.

- a. 2 complete changes of clothes
- b. 2 pairs of undergarments
- c. 2 pairs of socks
- d. 2 pairs of soft soled shoes
- e. rain gear, gloves and toque or warm cap incase of cold weather
- f. towel and face cloth, as you will be **capsizing your boat**, and you will be in the Salt Water
- g. Bring and OLD pair of runners that can and will get wet, if you do not have an old pair, use your cadet issued pair, do NOT use your good runners.

Civilian attire is to be appropriate, jacket, pants in good repair,  
\* **(tank tops, tube tops and sleeveless shirts not permitted).**

The following items are not authorized to bring:

- a. any portable music devices, IE IPOD's MP3 players, CD Players, anything with headphones
- b. no knives other than an approved Rigging Knife
- c. Alcohol
- d. Drugs unless prescription, (which must be given to an officer at the start of the day.)
- e. Any uniform parts (may use Toque & Gloves)
- f. Money, no requirement, and nowhere to spend it, as the bus will not stop anywhere.
- g. Cellular phones or Pagers (must be turned over to the duty officer)

\* Remember that you **will get wet** when you are on the water, and anything you have on you **will also get wet**.

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