

COURSE DESCRIPTIONS



Familiarization Course

1. General Training Course (GT-S)

This two-week course is intended for cadets 12-14 years of age who have completed their first year of cadet training. It introduces the cadet to life at a cadet summer training centre (CSTC) with a focus on the opportunities available through sea cadet summer training. By establishing a dynamic learning environment and exposing the cadet to a variety of hands-on practical activities, this course will inspire a cadet to further pursue training opportunities at the Corps and related CSTC program courses. Activities include: Seamanship, Drill and Ceremonial, Music, Fitness & Sports and Sailing; in general life at a Cadet Summer Training Centre.

Prerequisites: Must be medically and physically fit, and have completed Phase 1 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

Leadership Courses

2. Basic Drill and Ceremonial – Sea Course (BDC-S)

The aim of this three-week course is to provide cadets with the fundamentals of followership, teamwork and leadership training, building upon what has been taught in proficiency Year two of the Corps program. This aim will be accomplished by the development of self-confidence, knowledge and skills, and by providing ample opportunity for practical application. By establishing a dynamic learning environment that exposes the cadet to a variety of followership, teamwork and leadership opportunities, this course will inspire the cadets to further pursue leadership training at the Corps and on the Drill and Ceremonial Instructor course. Activities include: drill with arms, drill commands, naval ceremonies, naval field gun drill, physical fitness training, radio procedures, sports, first aid, instructional technique and leadership training.

Prerequisites: Must be medically and physically fit, and have completed Phase 2 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

3. Drill & Ceremonial Instructor – Sea Course (DCI-S)

The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to be an instructor for drill and ceremonial activities. The aim will be accomplished by further developing drill and ceremonial related specialist skills and knowledge that will allow them to perform the duties of a specialist instructor for ceremonial activities. By establishing a dynamic learning environment that exposes the cadets to a variety of drill and ceremonial opportunities, this course will prepare the cadets to assume a specialist parade position at the Corps and CSTCs.

Prerequisites: Must be medically and physically fit, have completed Phase 3 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

Fitness and Sports Courses

4. Basic Fitness & Sports Course (BFS)

The aim of this three-week course is to provide cadets with the fundamentals of fitness and recreational sports training, building upon what has been experienced at the Corps. This aim will be accomplished through the development of skills and the provision of ample opportunity for practical application. The course will promote the

development of ethical sports conduct, sportsmanship and teamwork. By establishing a dynamic learning environment that exposes the cadets to a variety of fitness and recreational sports opportunities, this course will inspire the cadets to further pursue fitness and recreational sports training at the Corps and on the Fitness & Sports Instructor course. The cadets will be provided with the basic theoretical, technical, and practical skills required to assist in the delivery of the Corps fitness and recreational sports training program. Activities include: sports, first aid, instructional technique, and leadership training.

Prerequisites: Must be medically and physically fit, have completed Phase 2 training by 30 Jun 14.

Training Centre: Cold Lake - ACSTC (Cold Lake, AB)

5. Fitness and Sports Instructor Course (FSI)

The aim of this six-week course is to develop a specialist with the skills and subject matter knowledge required to perform the role of a fitness and sports instructor and a team leader for fitness and sports activities conducted at the Corps, during regionally directed activities and/or as a staff cadet at a CSTC. The aim of the course will be accomplished by providing dynamic and challenging training that includes ample opportunity for practical application. The cadets will learn theoretical and technical skills required to deliver the Corps physical education and recreational training program as specialist instructors. This course will ensure that the cadets are adequately prepared to face challenges at the Corps and as Staff Cadets at the CSTCs.

Prerequisites: Must be medically fit, have completed Phase 3 training by 30 Jun 14 and have achieved the overall fitness incentive Bronze level, as detailed IAW CATO 14-18

Training Centre: Cold Lake - ACSTC (Cold Lake, AB)

Marksmanship Course

6. Air Rifle Marksmanship Instructor Course (ARMI)

The aim of this six-week course is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional techniques skills preparing the cadets to support these two specialty activities at the Corps, during regionally directed activities and/or as a staff cadet at a CSTC. The cadet will be provided with the necessary theoretical, technical, and practical skills required to monitor and instruct other cadets during marksmanship training at the Corps.

Prerequisites: Must be medically and physically fit, and have completed Phase 3 training by 30 Jun 14.

Training Centre: Vernon - ACSTC (Vernon, BC)

Music Courses

7. Military Band - Basic Musician Course (MB-BM)

The aim of this three-week course is to develop the music proficiency of cadets and prepare them to support their Corps bands and related music activities. As well, they will experience some aspects of Sea Cadet training to help them in their future course selections of the Sea CSTC program.

Prerequisites: Must be medically and physically fit, and have completed Phase 2 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

8. Military Band - Intermediate Musician Course (MB-IM)

The aim of all Music Year Courses is to raise each cadet's musical skills to the standard of the next music proficiency level. This training is to develop the music proficiency of cadets and prepare them to support their Corps bands and related music activities. During this six-week course, instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior years also learn some Instructional Techniques relating to music.

Prerequisites: Must be medically and physically fit, have achieved the Basic music proficiency and have completed Phase 3 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

9. Military Band - Advanced Musician Course (MB-AM)

The aim of all Music Year Courses is to raise each cadet's musical skills to the standard of the next music proficiency Year. During this six-week course, instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior Years also learn some Instructional Techniques relating to music

Prerequisites: Must be medically and physically fit, have achieved the music proficiency Level 2 and have completed Phase 4 training by 30 Jun 14.

Training Centre: HMCS Quadra (Comox, BC)

Sailing Courses

10. Basic Sail (BS)

The Basic Sail course provides cadets an opportunity to develop basic sail skills and build on knowledge learned at the corps.

Prerequisites: Must be medically and physically fit, and have completed Phase 2 training by 30 Jun 14.

Training Centre: HMCS Quadra (Comox, BC)

11. Intermediate Sail (IS)

The Intermediate Sail Course provides cadets an opportunity to develop more advanced sailing and basic power boating skills. Activities include first aid, sailing and small craft operator training.

Prerequisites: Must be medically and physically fit, have achieved White Sail 3 and have completed Phase 3 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

12. Sail Instructor (SI)

The Sail Instructor Course provides cadets an opportunity to develop advanced sailing skills, become a qualified safety boat operator and a trained sail instructor. Activities include advanced sailing techniques, instructional techniques, coaching, and small craft and safety boat operation.

Prerequisites: Must be medically and physically fit, be 16 years of age by December 31, 2014, have achieved SCOP Module 1 – Boating Safety (PCOC), SCOP Module 3 – Small Boat Power, Bronze Sail 4, Standard First Aid and have completed Phase 4 by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

Seamanship Courses

13. Basic Seamanship (BS)

The aim of this three-week course is to develop in cadets the fundamentals of the duties of the watch on deck of a Sea Cadet Training Vessel (SCTV), navigation, sea survival in a life raft, shipboard firefighting, small boat and sail repair, small

arms training (air rifle), service whaler pulling and sailing, powerboat operations, shipboard ceremonial duties, sports, first aid, instructional technique and leadership training. Cadets will have a sea phase of 2 to 3 days duration,

Prerequisites: Must be medically and physically fit, and have completed Phase 2 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

14. Boatswain Mate (BM)

This six-week course is an intensive programme of seamanship training where cadets learn to perform ropework, supervise Naval Ceremonial activities, act as a navigator aboard a SCTV, act as a crew member aboard a SCTV by participating in ship's operations or evolutions, act as a member of a damage control team, perform duties as a boatswain's mate. Cadets who successfully complete this course will be awarded their Boatswain's Mate Qualification and badge.

Prerequisites: Must be medically and physically fit, completed Ship Boat Operator and have completed Phase 4 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

15. Ship Boat Operator (SBO)

This six-week course is an intensive programme of first aid, ropework, small craft operation (operating a powerboat with an outboard engine & operating a whaler), ship's operation (communicating using flags and pennants) and marine navigation. Cadets who successfully complete this course will achieve their Standard First Aid Qualification, Pleasure Craft Operator Competency Card (PCOC) and their Restricted Radio Operator's Certificate (Maritime).

Prerequisites: Must be medically and physically fit and have completed Phase 3 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

16. Shipwright (SW)

This six-week course teaches the skills necessary to make repairs to the hulls, spars, sails and rigging of small boats. Cadets will learn how to fibreglass and perform ships carpentry work. Cadets applying for this Trade must show an interest and aptitude for small boat repairs.

Prerequisites: Must be medically and physically fit and have completed Phase 4 training by 30 Jun 14.

Training Centre: HMCS Quadra SCSTC (Comox, BC)

Staff Cadet Opportunities

17. Staff Cadet Opportunities (SC)

Staff cadets are the NCOs of the Summer Training Centres. A staff cadet can assist the officer staff with the instruction and supervision of cadets, or might be tasked in an administrative or logistical support role. Rank and pay for staff cadets depend upon the position.. A staff cadet applicant must be at least 16 on 1 Jan 14.

International Exchanges and Deployments

18. International Exchanges

The purpose of International Exchanges is three-fold; to promote friendship and goodwill among sea cadets of the participating countries, to encourage participants to develop an interest in international affairs and to reward those sea cadets who

have rendered outstanding services to their Corps over a period of years. International Exchanges are intended only for outstanding senior cadets who will represent Canada with distinction. Exchange cadets visit navy bases, centres of industry, world landmarks, universities, cultural centres and museums. Host countries include: United Kingdom, Australia, Hong Kong, Bermuda, Japan, United States, Russia, Sweden, South Korea and the Netherlands.

Prerequisites: Must be medically and physically fit, a minimum 17 yrs of age by 1 Aug 14, have completed one year of Phase 5 training by 30 Jun 14, and be admissible as a visitor to the destination country.

19. Deployments

Each year numerous deployment opportunities occur during the training year or summer where senior cadets can participate in deployments with tall ship programs, the Canadian Coast Guard or the Royal Canadian Navy.

Prerequisites: Vary according to program. Tall Ships Deployments - must be medically and physically fit, a minimum PO2 rank, 16 yrs of age by 1 Mar 14, completed Phase 4, completed an Intermediate/Advanced/Specialty course (6-8 weeks) and have achieved the overall fitness incentive Bronze level, as detailed IAW CATO 14-18. RCN Deployments - must be medically and physically fit, a minimum PO1 rank, 17 yrs of age, completed Phase 4, completed an Intermediate course (6 weeks), valid passport and have achieved the overall fitness incentive Bronze level, as detailed IAW CATO 14-18.

GENERAL INFORMATION

1. All cadets applying for sea cadet summer training must be medically fit and submit an application for summer training. These applications are submitted using the FORTRESS - The National Administration System for the CCO, and are completed for cadets through their Corps staff. Additionally, senior cadets applying for a National Course must complete a National Course Application form and provide additional documentation for the selection process. Cadets applying for any of the music courses must submit their application through FORTRESS. Note that, due to the remote location of some Cadet Summer Training Centres (CSTCs), cadets with severe allergies or other medical conditions that may require rapid medical attention may be precluded from attending certain courses.

2. Applicants must have parent/guardian consent, and must be recommended by their Commanding Officer (CO). The cadet must have successfully completed the required training Year, have a minimum of 70% attendance at Corps activities and also meet any other prerequisite(s) specific to the course(s) for which the application is made. A cadet's 19th birthday must occur after the return travel date. In all cases, the cadet must have demonstrated an interest in, and aptitude for, further sea cadet training. A cadet enrolled after 31 Jan 14 cannot be credited with completing a training Year by 30 Jun 14. Cadets who report for summer training and are found not to meet course prerequisites may be re-coursed or returned to unit, at the discretion of the CSTC CO

3. The Regional Cadet Music Training Officer selects cadets for music training; all other selections for Regional courses are made at the Area Cadet Detachments. Selections are based on area allocations, previous training performance, and the Squadron CO's recommendation.

4. A training bonus of \$10 per day is paid to every cadet for each day of training they complete (to a weekly maximum of \$60, and a course maximum of \$360). Depending on the course and CSTC, this may be paid upon completion of the course, or portions of the bonus may be paid during the course.



SEA CADETS SUMMER TRAINING OPPORTUNITIES

Information for cadets and their parents

SUMMER 2014

Information accurate at time of printing, but is subject to change

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